

Cleaning Hacks for Shared Bedrooms: Tips for Co-Living Success

Category: Gaya Hidup, Sehat

written by Redaksi | 20/02/2025



ORINEWS.id – Living in a shared bedroom can be both an exciting and challenging experience. Whether you're sharing a bedroom with a sibling, a roommate, or as part of a co-living arrangement, maintaining a clean and tidy space is essential for creating a peaceful, organized, and comfortable environment. However, keeping a shared space in tip-top shape requires a bit more effort, coordination, and respect for one another's preferences and belongings.

This guide provides practical cleaning hacks and tips that will help ensure that your shared bedroom remains clutter-free, hygienic, and inviting. By following these tips, you can contribute to a harmonious living situation, reduce stress, and enjoy the benefits of a well-maintained shared space.

Why Cleanliness Matters in a Shared Bedroom

Before diving into specific cleaning tips, it's important to understand why cleanliness is so essential in a shared bedroom:

- **Promotes a Healthy Environment:** A clean bedroom is essential for maintaining good hygiene and health. Dust, dirt, and allergens can accumulate quickly, especially when multiple people are sharing the same space. Keeping the room clean helps prevent allergies, respiratory issues, and skin irritations.
- **Respect for Roommates:** Sharing a bedroom means sharing the same living space and often personal belongings. A clean room shows respect for your roommate's comfort and personal space. It also encourages better cooperation and reduces potential conflicts.
- **Reduces Stress:** A messy, cluttered bedroom can be a source of stress and anxiety. A tidy room creates a calm, relaxing environment that helps everyone unwind after a long day.
- **Maximizes Space:** Shared bedrooms can sometimes be small or cramped, so keeping the space organized and clutter-free ensures that everyone has enough room to move around and store their belongings.

Now, let's explore some cleaning hacks that can help keep your shared bedroom looking its best.

Set a Cleaning Schedule

One of the best ways to maintain cleanliness in a shared bedroom in rooms for rent is to establish a regular cleaning schedule. In rental spaces where multiple people share a room, clutter can build up quickly. A consistent cleaning routine ensures that everyone contributes, keeping the space organized

and comfortable for all residents.

- **Daily Tasks:** Assign simple daily tasks such as making the bed, putting away clothes, and tidying up surfaces. Encourage everyone to spend just 10-15 minutes a day straightening up the room.
- **Weekly Deep Cleaning:** Designate a specific day each week for more intensive cleaning tasks like vacuuming, dusting, and wiping down surfaces. Rotate responsibilities so that everyone contributes equally.
- **Shared Calendar or Checklist:** To keep track of cleaning duties, create a shared calendar or checklist. This helps everyone stay on the same page and ensures that tasks are completed on time.

Use Space-Saving Storage Solutions

In a shared bedroom, space can be limited. Keeping the room organized is key to making the most of the available area. Here are a few space-saving hacks to help reduce clutter and maintain a neat environment:

- **Under-Bed Storage:** Utilize the space under the bed for storage. Storage bins or drawers can be a great way to store seasonal clothing, shoes, or extra bedding. By keeping these items out of sight, you can free up valuable space in the room.
- **Wall-Mounted Shelves:** Maximize vertical space by installing wall-mounted shelves for books, decor, and other small items. This helps reduce clutter on the floor or furniture and creates a more organized space.
- **Over-the-Door Hooks and Organizers:** Use hooks or over-the-door organizers to hang bags, accessories, or jackets. This will keep these items off the floor and prevent them from taking up space in the closet.
- **Shared Closet Organization:** If you're sharing a closet, consider using dividers or separate bins to keep each

person's belongings neatly organized. You can also install additional rods or shelving to optimize the closet space.

Make Your Bed Every Day

It may seem like a small task, but making your bed every morning can have a big impact on the overall cleanliness and appearance of your shared bedroom. A made bed instantly makes the room look tidier and more organized.

- **Invest in Simple Bedding:** Choose bedding that's easy to maintain and wash. Avoid overly bulky comforters that are difficult to make, and consider duvet covers that are easy to remove and clean.
- **Use Decorative Cushions:** Decorative pillows or throws can be a simple way to make the bed look more inviting and polished, especially when the bed is unmade in the mornings.

Clean Up After Yourself

In a shared bedroom, it's important to clean up after yourself to avoid unnecessary clutter or tension between roommates. Encourage each person to take responsibility for their belongings and habits:

- **Clothing and Laundry:** Make it a habit to put dirty clothes in a laundry basket instead of leaving them on the floor or in a pile. Try to keep your clothes organized, using storage bins, hampers, or closet space.
- **Food and Drink:** If you tend to eat or drink in the bedroom, make sure to clean up after yourself. Wipe down surfaces and dispose of food wrappers or cups right away to prevent spills and crumbs from accumulating.
- **Personal Items:** Keep your personal items like electronics, books, and toiletries organized and in

designated areas. Consider using drawer organizers, trays, or baskets to keep your things neat and easily accessible.

Declutter Regularly

Clutter is one of the main culprits behind a messy shared bedroom. When there's too much stuff, it can be difficult to maintain a clean and organized space. Regular decluttering is key to staying on top of things and ensuring the room remains neat.

- **Do a Weekly Declutter:** Set aside a few minutes each week to assess your room and get rid of anything you no longer need. This could include old papers, expired products, or items you haven't used in a while.
- **Donate or Toss:** If you have items that are in good condition but you no longer need, consider donating them to a charity or giving them to someone who could use them. For things that are broken or no longer useful, toss them to reduce clutter.
- **Minimize Possessions:** The less you own, the easier it is to keep your bedroom tidy. Try to minimize the number of items you keep in your shared bedroom to make cleaning and organizing easier.

Use Multi-Function Furniture

When space is limited, multi-functional furniture is a game-changer. These pieces can help keep your shared bedroom organized while providing additional storage or functionality.

- **Storage Ottomans:** These can double as both seating and storage. Use them to store blankets, books, or other items you don't need on a daily basis.
- **Fold-Out Desks or Tables:** If you don't have a dedicated desk, consider using a fold-out desk or a wall-mounted

table. This way, you can create a workspace when you need it and fold it away when you don't.

- **Bunk Beds or Lofted Beds:** If you're sharing a small room, consider using bunk beds or lofted beds. This creates more floor space for storage or other activities, and it can give the room a more spacious feel.

Keep Cleaning Supplies Accessible

Having cleaning supplies readily available makes it easier to maintain a tidy room on a daily basis. Keep basic supplies in an accessible spot so you can clean up small messes as soon as they occur:

- **Mini Cleaning Kit:** Store a small cleaning kit under the bed or in a closet. Include items like wipes, a microfiber cloth, an all-purpose cleaner, and a small broom and dustpan for quick touch-ups.
- **Shared Supplies:** If you're sharing cleaning supplies with a roommate, make sure to establish who is responsible for restocking the supplies and ensuring that they're accessible when needed.

Be Considerate of Your Roommate

In a shared bedroom, it's crucial to respect your roommate's preferences when it comes to cleanliness. Clear communication is key to ensuring that both individuals feel comfortable in the space:

- **Agree on Cleaning Boundaries:** Have an open discussion with your roommate about each person's cleaning preferences and boundaries. This could include how often the room should be cleaned, which areas are off-limits for personal items, and any specific tasks each person is responsible for.

- **Respect Shared Spaces:** If your shared bedroom also includes a desk, closet, or other communal areas, be sure to keep your belongings organized and respect your roommate's space. Take turns tidying up common areas so that both parties feel comfortable.

Cleaning and organizing a shared bedroom can be a bit challenging, but with the right strategies, it can become a seamless part of daily life. By setting a cleaning schedule, minimizing clutter, using space-saving storage, and being considerate of your roommate's preferences, you can create a shared space that's tidy, comfortable, and conducive to a positive living experience. These simple cleaning hacks will help you maintain a clean environment, foster a harmonious living situation, and ensure that both roommates enjoy the benefits of a well-kept shared bedroom.[]